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Sleeping Respiratory Rate (SRR) Log

Client Name: _____ Patient Name: _____

Date: _____

What is a SRR?

SRR is the number of times per minute that your pet breaths, while at sleep.

Importance of SRR monitoring.

As the heart fails, fluid begins to accumulate in the lungs, resulting in breathing difficulties, coughing, respiratory distress and an increased SRR.

SRR monitoring helps you detect congestive heart failure at the earliest onset and determine if fluid is building up in your pet's lungs.

How to calculate your SRR.

1. Before counting, ensure your pet is soundly asleep and in a cool ambient temperature. Count only when your pet is not "dreaming".
2. Count the number of times your pet's chest moves out and in over a period of 1 minute.
 $(\text{out} = \text{inhalation}) + (\text{in} = \text{exhalation}) = (\text{one breath})$
3. Record the number of breaths per minute in the SRR table.

For Dogs: Normal is less than 25 breaths per minute. Call us if SRR is more than 25.

For Cats: Normal is less than 40 breaths per minute. Call us if SRR is more than 40.

Please seek veterinary attention ASAP if your pet's SRR is more than 50.

Please monitor your pet's sleeping respiratory rate _____ times per day / week.

Please bring this sheet with you for your pet's follow up medical review(s).

